LPISD Physical Education 7th-8th grade
April 6th – April 10th

Physical Education	
Teacher/Team: If there are any questions, please feel free to email me at: Kellamd@lpisd.org Link to TEAMS Folder	Coach Kellam's PE Classes Coach Kellam's 3rd Period PE Class Coach Kellam's 4th Period PE Class Coach Kellam's 5th Period PE Class Coach Kellam's 6th Period PE Class

Objectives

Objective / I CAN:

I can maintain a healthy active lifestyle while successfully completing my distance learning by completing a daily Darebee workout.

Activities

Student Activities:

Go to your class period TEAMS folder and look for the daily assignment:

1. Go to the assignments in teams to access the two daily workouts for each week. The link will take you to that day's workout. Once you have completed the workout for the day click "turn in" on the assignment tab in Teams.

Darebee Workouts: (control click each day)
Darebee Workout Day 4
Darebee Workout Day 5

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Academic/Instructional Support	
Teacher Support:	TEAMS and kellamd@lpisd.org
Schedule:	Students should access the daily workout on Wednesdays and Fridays of each week.
Office Hours	Office Hours: Tuesday 9-11am and Thursday 1-3pm

To Be Graded

Assignment for students to submit to TEAMS Folder:

1. Completion of workouts Day 4 and Day 5. Make sure to click "turn in"
2. You will be assessed on the completion of each workout.

One Grades will be taken this week.

1. Completion of assigned workouts per week. (1 workout =50 pts. 2 workouts = 100 pts)

What assignments will the student submit?

1. Make sure to "Turn in" each workout on TEAMS as you complete it.

How will it be submitted?

1. Teams